

# YSA Questionnaire

\*Repeatedly told I am loved & they are proud of me.

\*I liked how they made me feel important.

\*Supportive of all ideal/offered thoughts.

\*They stopped what they were doing & made eye contact with me & engaged themselves in the conversation.

\*It was hard to find time I felt they were listening. The best way for me happened as I wrote them notes or letters. I found it easier to gather my thoughts and feelings and express them. They would sometimes write me back. Going on walks around the neighborhood together was another good way.

\*They would not only talk directly to us but try to keep up with the ways we liked to communicate such as FaceTime, snapchat, etc. Not many people have a snapchat streak with their parents! \*Mom uses past experiences to teach me how things go.

\*Honest & straight forward opinions/perspectives.

\*My mom would ask if I wanted her opinion or if I just need to talk.

\*Gave full explanations of why such & such is a good or bad idea.

\*I like that they were willing to give me their real opinions & advice, but respectful of my opinion. \*They help me with the things I'm struggling with. They also then teach with the Gospel & help me understand that Christ is always there with me and will forgive me.

\*They would often relate it to the gospel-help me know that Christ is always there and will forgive me.

## #2 What Would You Do Differently?

\*In the role as a father, I would definitely like to be more understanding and just time to develop a relationship where my kids feel like they can be open. I think developing that relationship is really the key to communication.

\*Give my kids my undivided attention when they come to talk to me. Try to not always solve their problems for them but help them as best as I can.

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\*\*Talk about everything with my kids: drugs, sex, alcohol, loss of faith. That way if they ever have problems with those things they will know I understand, and they can talk to me.

\*Make my children's feelings important ask them, be present, withhold judgement & remember what it's like to be that age, relate to them.

\*Listen more, try to help them with solutions they come up with instead of try to convince them my solutions are the only way.

\*I want to give my kids the chance to make mistakes and to let them choose how they'll live their lives. Regardless of if their adult lives do not coincide with mine.

\*I don't know, they did pretty good. I thin just focusing on what each kid needs per their differences.

\*Take more time to ask questions and listen without trying to fix the problem.

\*My parents were wonderful, but I would love to create maybe a scheduled monthly thing where I would meet with m children individually and REALLY talk with them and have a discussion.

\*I want to make sure I ask questions so that I can better understand the person & who they are as well as why they do what they do.

\*Be neutral so my kid can decide things with our my influence.

\*More listening/less advice

\*Fewer secrets/off limits topic-OPEN communication

\*May sure I am patient.

\*Make my children's feelings important-important-ask them, be present, withhold judgment & remember what it's like to be that age.

\*Try to be more active engaged with their interests/ hobbies.

\*Ask my kids more frequently how they are REALLY DOING!

\*Involve the gospel more 1 on 1, not pushing the gospel but listening how they view the gospel.

:) Try to act interested even when I'm not.

\*Express more love & concern for them, especially as a teenager/YSA.

\*\*Develop a relationship, is really the key to communication.

\*Teach them to earn \$ and work harder.

\*Explain the "why" of not doing something.

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- \*Teach children consequences, always with love.
- \*Do PPI's-be loving and try to really listen.
- \*Nothing, my parents were great!
- \*Be more open, more communication.
- \*Let kids come up with decisions of their own and then given my opinion/advice.
- :) Have a lax curfew on weekends, home by 11:30.
- \*I will try to do a better job with seeking to understand before being understood!
- \*Set aside planned talking time.
- \*Give more affirmation instead of becoming defensive.
- \*Create a monthly (scheduled) thing when I meet with my children individually.
- \*Try to bridge the gap, have more openness on sensitive topics, try to build trust & friendship.
- \*Don't wait for kids to ask, but seek out what they need.
- \*Family councils.
- \*I will spend more time listening for the sake of letting the other person be heard.  
I often felt because my parents cared about me, they tried to impose their goals onto me.
- \*Parent & child dates.
- \*Meet weekly with my children for any concerns@ all.
- \*Not treat adult or sensitive topics as taboo.
- \*spend time talking when doing activities.
- \*Take more time to ask questions & listen without trying to fix the problem.
- \*Follow the spirit to guide my children.
- Don't let talk sessions turn into lectures.
- \*More one on one time.
- \*Don't interrupt.